

A Chance
for life

Specialist Support and Rehabilitation for Cumbria

Brain Injury Case Management and Rehabilitation



Members of:



Specialist Support and Rehabilitation for Cumbria

Whatever illnesses your clients are recovering from, their rehabilitation journey will never be quite like anyone else's. A Chance for Life tailors the care we offer, helping our clients recover skills lost as a result of brain injury and other disabling conditions.

Our Specialist Support Workers are the difference. They're people who make care personal. And they're people who can help deliver support in your community.

Care Quality

Protecting the Highest Standards of Care Quality

- All our Specialist Support Workers are recruited for their knowledge, experience and professionalism
- They are directly employed, trained and mentored by A Chance for Life to meet the standards we demand
- We handle all our support workers' management and supervision, HR, policies, procedures and payroll, so you don't have to
- All our Specialist Support Workers understand the particular challenges of working in Cumbria's rural environment
- Everyone at A Chance for Life takes a person-centric approach, putting our clients at the heart of our goals, support plans and risk assessments
- Every specialist support worker and every support package is overseen by a dedicated, highly experienced care coordinator.

Levels of Care

Our tailored support packages meet the individual needs of every client, helping to rehabilitate them and encouraging them to develop the skills that enhance daily living. From specific target-driven goals to full 24hr rehabilitation care packages, our Specialist Support Workers have the skills and expertise to assist children and adults at every stage of the support cycle.

Our support workers follow agreed therapy programmes, guidelines and support plans relating to the health and social needs of every client, providing support across the following packages:

Package 1

For clients who may present behaviours associated with brain injury and will typically require verbal prompting and encouragement. They may require supervision and monitoring. The Specialist Support Worker may also:

- Drive the client to or from activities and appointments, or support the client in using public transport
- Accompany the client in activities such as swimming, attending a gym or a social group

Package 2

For clients who may demonstrate moderately challenging behaviour and may require physical assistance with personal care, domestic activities and accessing community activities. Specialist Support Workers may also need to provide:

- Assistance with healthcare needs, including administering medication, knowledge of seizures and other aspects of health-monitoring
- An adapted vehicle if necessary

Package 3

For clients who demonstrate severely challenging behaviours and have complex healthcare needs that demand trained support staff. Specialist Support Workers will implement individual support plans that may involve providing:

- Assistance with healthcare issues including seizures, bowel, catheter, PEG, stoma, trachea management or similar
- An adapted vehicle if necessary





Celebrating Success

A case study

Chloe Finds the Right Direction with One Direction

Chloe suffered a brain injury as a result of complications at birth. By the time she was 14, Chloe was still dependent on her mother for getting dressed, cleaning her teeth and doing her hair. She would not speak at school, other than single words to teachers in one to one situations.

Developing a relationship

A Chance for Life introduced Chloe to a Specialist Support Worker who worked to an agreed therapy programme to give Chloe the communication and motor skills, self-care skills, decision making ability and self-esteem she needed to function independently. To make progress easier, the programme was built around one of Chloe's passions: One Direction.

Over the course of the programme, Chloe, supported by her Specialist Support Worker, improved in lots of ways:

Communication

Chloe prepared and gave her Specialist Support Worker a weekly One Direction news update. The Specialist Support Worker realised how good Chloe's speech really was, and identified confidence as the biggest obstacle.

Money

The Specialist Support Worker gave Chloe a One Direction sticker book that helped her understand number formations. Role-playing helped Chloe build up the skill and confidence to buy stickers (and lots more 1D merchandise) in the community.

Self-Care

1D tooth and haircare products encouraged Chloe to choose her own electronic toothbrush, use it safely, and style her own hair successfully.

Decision Making

Chloe created her own version of a One Direction-based YES/NO game that helped develop reading, decision-making and verbal communication skills.

Generating Ideas

When asked to suggest activities or make choices, Chloe would often stay quiet, so the Specialist Support Worker provided new options that encouraged her to answer spontaneously.

Today

Chloe enrolled on a college course and is able to attend without 1:1 support.





About a Chance for Life

A Chance for Life helps adults and children in Cumbria and across the North recover skills lost as a result of brain injury and other disabling conditions. From social care to employment, A Chance for Life gives people whose lives have been changed by illness the chance to lead meaningful, rewarding lives.

Founded in 2002 by leading occupational therapist and committee member of the Northern Acquired Brain Injury Forum, Louise Chance, A Chance for Life has become a pioneer in brain injury case management. Its work in bringing together the medical and legal professions with insurers, case workers and clients is transforming outcomes for clients, and changing the face of support and rehabilitation across the North.

Arrange your Rehabilitation Support

Discuss your requirements now. Please call our Penrith office on 01768 891 709 and ask to speak to our referrals team.

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