



Ella Tyson
Case Manager/Occupational Therapist
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Base: Hartlepool



Professional Qualifications

BHSc (Hons) Occupational Therapy – University College of York St John

Memberships

British Association of Occupational Therapists (BAOT)
Health Care Professions Council (HCPC)
Multidisciplinary Association of Spinal Cord Injury Professionals (MASCIP)
Case Management Society UK (CMSUK)
UK Acquired Brain Injury Forum (UKABIF)

Summary

I have over 14 years of experience within the healthcare sector and I started to specialise in the area of Spinal Cord Injury (SCI) when I began working at the Spinal Cord Injury Centre at the James Cook University Teaching Hospital in 2004.

My work involves:

- Working with people with spinal cord injuries and acquired brain injury (ABI)
- Environmental assessments and recommendations for adaptations
- Assessing equipment provision to address specific needs and achieve goals
- Carrying out upper limb and hand assessments, including recommendations for stretches and exercises to clients and carers
- Home, work and college assessments for equipment and adaptive work
- Liaising with community teams to facilitate extensive adaptations and assess feasibility of allocated housing for adapted living
- Building rehabilitation programmes, goal setting, monitoring and problem solving
- Assessment and advice for transport needs.

Current Position

I currently work with A Chance for Life as an Associate Occupational Therapy and Case Manager alongside my self-employed work with Evolve Spinal Specialists. In addition to the summary above my role includes:

- Carrying out assessments and preparing reports and costs.
- Sourcing therapists and coordinating multi-disciplinary teams and rehabilitation programmes.
- Working alongside statutory services.
- Working alongside litigation solicitors and financial deputies within the medicolegal field.

Key Achievements

- I have been instrumental in diagnosing a client with a spinal cord injury, and worked collaboratively with NHS and private teams in arranging the necessary specialist rehabilitation and treatment.
- I had a client with complex needs, and multiple diagnoses, for whom I facilitated and coordinated his discharge whilst ensuring collaborative working, and helping establish a 24 hour support package, and adaptive works to the home.
- I have liaised with architects regarding adaptations, and building wheelchair accessible properties, looking at turning space, equipment and ergonomics of wheelchair mobility.
- I have carried out specialist seating and postural assessments to help problem solve and address post SCI change in tone and posture, to help prevent long term deterioration of posture and alignment.

Professional Pathway

Early Career

In the past, I have worked as an Occupational Therapist working in Hands and Plastics, Spinal Cord Injury, Orthopaedics, Adult Mental Health, Learning Disabilities, Stroke and Neurology Rehabilitation, Elderly and Medical. My case management work has involved working with people with spinal cord injuries and other catastrophic and multiple orthopaedic injuries following accidents.

Sept 2016 – to date	A Chance for Life Ltd	Specialist Occupational Therapist/Case Manager
Jun 2013 – to date	Evolve Spinal Specialists	Spinal Cord Injury Occupational Therapist/Case Manager
Feb 2016 – Aug 2016	Pulse Agency	Specialist Neurological Rehabilitation Occupational Therapist (Locum)
Apr 2008 – Jun 2014	Kynixa and Corpore	Specialist Spinal Cord Injury Case Manager/Occupational Therapist
2004 - 2008	James Cook University Teaching Hospital Spinal Cord Injury Centre	Senior 2 Spinal Cord Injury Occupational Therapist
2002 - 2004	Mid Yorkshire Hospitals NHS trust	Basic Grade Rotational Occupational Therapist

Continued Professional Development for the past three years

(in additional to mandatory training such as CPR and manual handling, alongside SCI and ABI forums)

2016	Braintree Training – Cognitive Rehabilitation Workshop Excellence in report writing (part 1 of comprehensive Bond Solon course)
2015	Understanding legal elements to SCI and ABI cases
2014	Prescription of specialist wheelchairs Empowering patients with SCI Traumatic Brain Injury seminar