



Lisa Thompson
Case Manager/Occupational Therapist



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Base: Lancaster, Lancashire

Professional Qualifications

BSc (Hons) Occupational Therapy – Lancaster (University of Cumbria) 2017

Health and Social Care Professions (Lancaster and Morecambe College) - Access to Higher Education Diploma 2014

Memberships

British Association of Occupational Therapists (BAOT) Reg No BT 68423

Health & Care Professionals Council (HCPC) Reg No. OT75312

College of Occupational Therapy Specialist Section- Neurological Practice (COTSS-NP) Reg No N8386

Summary

I have several years of experience of working with clients and families affected by life changing situations. I have worked within the legal system as a Probation Service Officer, and have experience as a Therapy Instructor. I have a client centred approach which involves advocating on behalf of clients to ensure their needs and wishes are considered in their best interests at all times.

I have previous experience as a Therapy Technical Instructor within the acute medical setting which involved liaising and closely working with other professionals within the wider Multi-Disciplinary Team. I believe in a fair, objective and non-judgemental approach which has a positive impact on establishing therapeutic relationships with the client, family members and others with regards to health and well-being outcomes. I deal with situations in a calm and confident manner, maintaining sensitivity and confidentiality to all involved.

I have extensively developed my skills in complex case management, neurological rehabilitation, occupational therapy practice, cognitive behavioural approach including complex physical and mental health conditions. With a keen dedication to continuing my professional development within Brain Injury Rehabilitation, I adhere to best practice guidance to assist with cohesive care coordination in collaboration with clients and their carers'.

Current position

I have recently joined A Chance for Life Ltd; working as Case Manager and Occupational Therapist. In addition to the summary above I have specialist skills and experience in the following;

- I have experience in undertaking initial assessments of client needs, clear and comprehensive case management plans with identified aims and SMART goals which were evaluated, risk assessed and represented within Court reports.
- Working with children, adults and their families with a goal orientated approach to optimise their recovery and rehabilitation
- Experience of managing a complex and diverse caseload, using evidence based/ client centred principles: prioritisation and assessment, particularly within the legal setting
- Sourcing therapists and coordinating multi-disciplinary teams and rehabilitation programmes.
- Assessment and rehabilitation of severely cognitively & physically impaired clients
- Vocational rehabilitation and return to work or study
- Working with support teams in complex cases to implement a client centred approach
- Involvement with support teams in the use of specialist equipment, forming guidelines and completing risk assessments

Professional Pathway

2000-2012 National Probation Service- Probation Services Officer HMP Lancaster Castle/ Lancaster and Morecambe Community

- I have over 12 years' experience within the legal sector as Probation Service Officer working on several programmes, including internationally accredited tutor in the Reasoning and Rehabilitation Programme. This was an evidence-based, multi-faceted, cognitive-behavioural programme for teaching the cognitive skills, social skills and values that are required for prosocial competence.
- Providing assessment advice and Reports to court, including the delivery of reports to Magistrates' and Crown Court Judges.
- Extensive training in the Risk Management and Safeguarding of Children and Vulnerable Adults
- Processing information and assessing individual's behaviour in relation to risk of harm to themselves and others, ensuring this was effectively communicated between agencies and services

2012- 2017 Therapies Department (NHS)- Technical Instructor Royal Lancaster Infirmary

- Therapy Technical Instructor, a rotational post within the Royal Lancaster Infirmary NHS hospital, including Rehabilitation, Surgery/ICU, Orthopaedics and Acute Medicine. Duties and responsibilities included;
- Undertaking specific skilled support work to aid the therapy team in the efficient and effective delivery of rehabilitation to patients within the rotational setting
- Treating patients according to set protocols, monitoring patient progress, modifying and progressing patient treatment as required.
- Accurately recording rehabilitation progress as per Trust documentation/database including discharge plans.

2014-2017 Occupational Therapy Neurological Placements

Community Stroke and Neuro Rehabilitation Team

To participate in the assessment and treatment of patients with a variety of acute, chronic and progressive disorders. This included patients with clients with significant levels of physical dependency as well as cognitive and perceptual impairments and communication problems.

Secure Mental Health Services (including ABI Unit)

To support clients through the medium of activities promoting confidence and skills required for activities of daily living, assessing and treating an individual's functional skills and roles. Undertaking group work sessions as well as participating in individually tailored sessions, including MOHO Training, which further Curriculum Vitae

developed my practical knowledge of Occupational Therapy outcome measures, building upon my risk assessment/management training within the ABI-MDT setting.

Children's Community Paediatric Service

To assess children for adaptations and specialist equipment where appropriate, ensuring maximum levels of independence for the child. To communicate with children of all ages who had a range of physical and psychological barriers to communication, their parents/carers and other members of the MDT. Contributing to assessments, reports and attending meetings to ensure the child's care needs are met within an Educational and Health Care Plan (EHCP) remit where the child has OT provision.

Community Brain Injury Rehabilitation Team

Elective placement included clinical duties and responsibilities to be able to assess the impact of the presenting traumatic brain injury on all aspects on a clients' life (i.e. activities of daily living, community participation, vocation etc) and determine an appropriate management plan including onward referral as appropriate. To contribute within the MDT to formulate, plan, deliver and adjust a client-centred assessment by the use of effective and efficient clinical reasoning, supported by evidenced-based practice. I also contributed to initial assessments of service user's physical, cognitive, mental, social and environmental levels of functioning, requiring an understanding of the individual's baseline level of functioning. Understanding of the assessment of capacity and its principles including gained consent. This included the consideration of legal frameworks regarding working with clients who lack the capacity to consent to treatment. Involvement in the WHIM assessment of a PDOC (minimally conscious) client, an area in which I am looking to gain further training and development.

Continued Professional Development in past three years:

- 2017**
 - NABIF Forum Meeting, Newcastle, June 2017
 - Providing Effective Support Following Brain Injury- Brake Charity Seminar, May 2017
 - Dancing with Neurons: The neuro-behavioural approach applied- BIRT, April 2017
 - Naidex Conference 2017
- 2016**
 - Young People Moving and Handling Seminar, Kidz to Adultz North Exhibition, November 2016
 - Successful Transitions Seminar, Kidz to Adultz North Exhibition, November 2016
 - Recovery through Activity- MOHO Training, Sue Parkinson, January 2016

2012-2017 National Health Service- Completion of Mandatory Training

Including; Clinical governance, Safeguarding, Conflict Resolution, Equality and Diversity, Infection Prevention, Basic Life Support, Mental Capacity Act and Moving and handling training
