

**Hazel Clerkin**

Case Manager/ Occupational Therapist

Office: 01768 891709

Mobile: 07921 857139

Email: hazel@achanceforlife.co.uk

Base: Penrith, Cumbria



Professional Qualifications

Approved Disability Analyst

BSc Hons Occupational Therapy

BA Hons Psychology

Memberships

British Association of Occupational Therapists

Health and Care Professions Council (HCPC) - Registration number OT 65423

British Association of Brain Injury Case Managers (BABICM) – Registration number 1057

Case Management Society UK (CMSUK) – Registration number 15-1554-CM

Professional experience

Hazel has extensive skills and experience in Complex Case Management, Rehabilitation, Occupational Therapy, Psychology, Disability Analysis, Medical and Functional Reports. Her career in the caring health profession is her passion. She completed a degree in Psychology and gained extensive work experience in many evidence based psychological therapies such as Mindfulness and Cognitive Behavioural Therapy.

She has gained invaluable experience as an Occupational Therapist in areas such as Neurorehabilitation and multiple and complex health conditions. She has developed services within the NHS and facilitated cultural changes with the use of standardised assessments and outcome measures within multi-disciplinary teams to facilitate person centred, high quality measurable rehabilitation packages.

Additionally she has practiced as a Senior Community Mental Health Case Manager for children and adults experiencing enduring and complex mental health conditions. This role involved working with the recovery model using best practice guidance to assist with cohesive care coordination in collaboration with clients and their carer's. Implementing holistic assessment, evidence based therapy, goal setting, carer's assessments and education programs.

Hazel has gained approval as a Disability Analyst from the Department for Work and Pensions and has provided medical and functional assessments with comprehensive reports for individuals with physical and mental health difficulties, including acquired brain injury. Hazel has recently been approved as a specialist educator working with a national evidence based programme to empower individuals in self-management and prevention of deterioration of their health condition.

Specialist Skills:

- Medical & Functional Assessments & Reports
- Neurorehabilitation
- Case Management
- Mental Health & Well being
- Clinical Supervision
- Holistic Assessment of Need
- Education in self-management , prevention

- Carers Assessment and Education
- Recruitment
- Person Centred Measurable Rehabilitation
- Service Development

Summary of Continued Professional Development attended in past five years

- 2016**
- Personally delivered a presentation: *'The role of the case manager in acquired brain injury'* at the University of Cumbria to Occupational Therapy Students
 - BABICM New & Would be Case Managers Workshop
 - Pilot Study undertaken of Supporting Recovery through Outdoor Adventure with Calvert Trust lakes.
- 2015**
- Northern Acquired Brain Injury Forum
 - A Chance for Life Ltd: Improving Life After Brain Injury
 - A Chance for Life Ltd: Moving and Handling
 - DESMOND Diabetes Education Facilitator Cumbria Partnership Foundation Trust
 - Cultivating Gratitude and Appreciation Samye Ling Buddhist Centre
 - Developing Compassion Samye Ling Buddhist Centre
 - Challenging Behaviour Management Premex Services
- 2014**
- Model Of Human Occupation Assessments Cumbria Partnership Foundation Trust
 - Mindfulness Training Clive Holmes Samye Ling Buddhist Centre
- 2013**
- Transactional Analysis Institute of Transactional Analysis
 - Cognitive Behavioural Therapy for Psychosis Cumbria Partnership Foundation Trust
 - Child Protection Cumbria Partnership Foundation Trust
- 2012**
- Manual Handling Cumbria Partnership Foundation Trust
 - Food Hygiene Cumbria Partnership Foundation Trust
 - Medication Management Cumbria Partnership Foundation Trust
- 2011**
- Protection of vulnerable adults Cumbria Partnership Foundation Trust
 - Infection Control Cumbria Partnership Foundation Trust
 - Bereavement Counselling CRUISE bereavement

Career Positions

Nov 2015 – Present	A Chance for Life Ltd	Case Manager/ Occupational Therapist
June 2014 – Nov 2015	Premex Services	Disability Analyst
Jan 2014 – June 2014	Cumbria Partnership Foundation Trust	Senior Community Mental Health Case Manager
Jan 2013 – Jan 2014	Cumbria Partnership Foundation Trust	Occupational Therapist Neurorehabilitation/ Complex Case Rehabilitation

May 2012 - Jan 2013	Cumbria Partnership Foundation Trust	Community Mental Health Case Manager
May 2011 - May 2012	Cumbria Partnership Foundation Trust	Rehabilitation Assistant