



Janice Ewart  
Case Manager/Physiotherapist  
Office: 01768 891709  
Email: [janiceewart@achanceforlife.co.uk](mailto:janiceewart@achanceforlife.co.uk)  
Base: Penrith, Cumbria

### **Qualifications**

BSc (Hons) Physiotherapy (1995)

### **Memberships**

Member of the Chartered Society of Physiotherapy (CSP) 55708  
Health and Care Professions Council (HCPC) Registration Number PH49407  
Association of Paediatric Chartered Physiotherapists (APCP) NW 104405

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### **Summary**

I have worked as a paediatric physiotherapist since qualifying and have a vast amount of experience of multidisciplinary working with complex cases including the co-ordination of services such as education, social care, charities and agencies. I have a good working knowledge of current systems around special educational needs, safeguarding, early help and social care.

Clinically I have almost 20 years of experience of neurodevelopmental therapy. This includes 24hr postural management with the use of specific handling, activities and specialist equipment to enhance the functional abilities and postural maintenance of the child, prolonging and in some instances preventing, the need for complex surgeries. Experience in techniques of muscle strengthening and management of spasticity which are essential for comfort, joint maintenance and participation in everyday activities. I have worked closely with other clinicians and orthotists looking at the provision of dynamic lycra orthosis to optimise the child's function, making use of their own muscle work to reduce spasticity and improve posture.

I have provided ongoing education, advice and support to parents, carers and the wider family. I have been involved in groups such as hydrotherapy, riding for the disabled and a local bike group to ensure that children with complex needs can achieve and accomplish in activities alongside siblings and peers. Working with children and their families to achieve the goals that THEY have set is a high priority.

I am an effective communicator and understand the empathy required to work with people in often emotive circumstances and like to be proactive in sourcing services and can think outside the box for improved outcomes, looking at the relevant facts and findings to ensure the best plan of action both clinically and for the long term needs of the client.

## Current Position

I work for A Chance for Life Ltd as a Case Manager and Physiotherapist. I work with children and adults who have complex brain injuries and orthopaedic conditions, pre and post-litigation. In addition to the summary above my role includes:

- Carrying out assessments, preparing case management reports and costs.
- Preparing physiotherapy reports and costs.
- Sourcing and co-ordinating multi-disciplinary teams, liaising with solicitors, insurers, education authorities and statutory providers
- Recruiting, managing and supervising rehabilitation support workers
- Supporting clients and families through the litigation process
- Setting up and reviewing client-centred goals and programmes, including case management plans & physiotherapy plans

## Professional Pathway

I qualified as a Physiotherapist in 1995, graduating from Queen Margaret College, Edinburgh with a BSc (Hons) Physiotherapy.

**From 1995 – 1997** I worked in Raigmore Hospital, Inverness as a rotational physiotherapist across wide a range of acute and community settings including medical, surgical, neurology, amputees and paediatrics.

**From 1997-1999** I held a single-handed post covering Children with Cystic Fibrosis across the Highlands of Scotland. This was mainly community visits to review and monitor treatment programmes and lung function, liaising closely with the professionals in the acute regional hospital.

**From 1999- 2001** I worked in community paediatrics covering a large rural area working mainly in home and school settings and again liaising closely with the wider team in Inverness.

**May 2001- February 2018** I moved to Cumbria to take up a full-time post in Paediatrics where I have worked until I acquired the post at ACFL. This was a very fulfilling post with a mixed caseload from premature babies to young people up to 19 years of age with a wide range of developmental delay, musculoskeletal conditions and neurodisabilities. This post involved close working with the multidisciplinary team around the child, liaising closely with the families, schools, outside agencies and other professionals.

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## Recent CPD/Training

- 2017            CPIP UK Training (Hip Surveillance and Measurement), Leeds.  
                  eTIPS (Early Therapy in Perinatal Stroke) Professional Consultation Workshop, Newcastle.  
                  Spasticity Update Day – Alder Hey, Liverpool.  
                  CSP Health & Safety Rep Training, Leyland.