



**Janice Ewart**  
**Senior Case Manager/Physiotherapist**  
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Base: Penrith, Cumbria

A Chance  
for life

### **Qualifications**

BSc (Hons) Physiotherapy (1995)

### **Memberships**

Member of the Chartered Society of Physiotherapy (CSP) 55708  
Health and Care Professions Council (HCPC) Registration Number PH49407  
Association of Paediatric Chartered Physiotherapists (APCP) NW 104405  
Member of Aquatic Therapy Association of Chartered Physiotherapists (ATACP)  
Member of British Association of Brain Injury Case Managers (BABICM) 3561  
Member of Case Management Society UK (CMSUK) 18-3841-A

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### **Professional Experience**

I have over 20 years experience in the NHS working primarily in the field of paediatrics which included multidisciplinary working with complex cases, co-ordinating services including education, social care, charities and agencies. My neurodevelopmental experience includes 24hr postural management with the use of specific handling, activities and specialist equipment to enhance the functional abilities and postural maintenance. I have worked closely with other clinicians in all areas and been involved in the provision of dynamic lycra orthosis to optimise function, making use of client's own muscle work to reduce spasticity and improve posture.

I have provided ongoing education, advice and support to parents, carers and the wider family and been involved in groups such as hydrotherapy, riding for the disabled and a local bike group ensuring children with complex needs can achieve and accomplish in activities alongside siblings and peers. Working with families to achieve their chosen goals is a high priority.

I am an effective communicator and understand the empathy required to work with people in often emotive circumstances. I like to be proactive in sourcing services and can think outside the box for improved outcomes, looking at relevant facts and findings to ensure the best plan clinically, and for the long term needs of the client. I have a good working knowledge of current systems around special educational needs, safeguarding, early help and social care.

### **Current Position**

I joined A Chance for Life Ltd in February 2018 as a Case Manager and Physiotherapist working with both children and adults with complex injuries including brain and spinal injuries, orthopaedic conditions and amputees both pre and post-litigation. I have recently been promoted to Senior Case Manager, working towards my Advanced BABICM Membership.

My role currently includes:

- Carrying out detailed assessments, preparing case management reports and costs.
- Carrying out physiotherapy assessments, preparing physiotherapy reports and costs.

- Setting up and reviewing client-centred goals and programmes, including case management plans & physiotherapy plans.
- Sourcing and co-ordinating multi-disciplinary teams, liaising with solicitors, insurers, education authorities and statutory providers.
- Line managing and supervising Case Managers within A Chance for Life.
- Recruiting, managing and supervising rehabilitation support workers.
- Supporting clients and families through the litigation process.

### **Key Skills**

- Carrying out detailed assessments, writing reports and setting goals with clients.
- A broad understanding and vast experience of assessment and treatment of paediatric conditions.
- Experience of working as part of a multidisciplinary team within across community services, education and social care.
- Supervising and mentoring other case managers, therapists and support staff.

### **Key Achievements**

- Working with challenging families, developing and maintaining good working relationships.
- Managing a complex caseload, working closely with clients and their families to ensure their rehabilitation and support is tailored to meet their individual needs.
- Being involved in service development to enhance and improve the service delivery offered to clients and their families.

### **Professional Pathway**

I qualified as a Physiotherapist in 1995, graduating from Queen Margaret College, Edinburgh with a BSc (Hons) Physiotherapy.

**From 1995 – 1997** I worked in Raigmore Hospital, Inverness as a rotational physiotherapist across wide a range of acute and community settings including medical, surgical, neurology, amputees and paediatrics.

**From 1997-1999** I held a single-handed post for children and young adults with Cystic Fibrosis across the Highlands of Scotland. This was mainly community visits to review and monitor treatment programmes and lung function, liaising closely with other professionals.

**From 1999- 2001** I worked in community paediatrics covering a large, rural area working in home and school settings, again liaising closely with the wider team based centrally.

**May 2001- February 2018** Moved to Cumbria to take up a full-time post in Paediatrics where I have worked until I acquired the post at ACFL. This post had a mixed caseload from premature babies to 19 years of age with a wide range of developmental delay, musculoskeletal conditions and neurodisabilities.

### **Recent CPD/Training:**

2020 Paediatric Clinical negligence and personal injury, introduction to low value and high value claims.

CMSUK – Sight loss webinar

Medical Cannabis and Pain  
Better Health at Work Award: Health Advocate training  
CMSUK Spinal Injuries  
CMSUK Prosthetic rehab  
ATACP webinar: Keeping your head above water  
Irwin Mitchell: Focus on Amputee rehab and Exploring Upper Limb Trauma webinars  
Irwin Mitchell: Psychological Aspects of Chronic Pain  
Burnett's: Vestibular Rehabilitation Webinar  
Sintons: Modify Me: Rehab and Engineering after Serious Injury

2019 APCP Rebound Therapy Workshop, Hadrian School, Newcastle.  
Cerebral Palsy Training, Manchester.  
Introduction to Medico-Legal Work, Sheffield  
Life of Brian BABICM Conference, Leicester  
Case Managing with Curiosity and Creativity, Manchester

2018 First Aid Training, Carlisle.  
BABICM New and Would Be Case Managers Part 2, Birmingham.  
Irwin Mitchell, Behavioural Optometry and Brain Injury Evening Lecture, Newcastle.  
Irwin Mitchell, Advances in Prosthetics Evening Lecture, Newcastle.  
Safeguarding Adults and Children, ACFL, Penrith.  
Innova Litigation Conference, Wetherby.  
BABICM, New and Would Be Case Managers Part 1, York.