

Christine Robson

Lead Case Manager &
Specialist Occupational Therapist
Based in: Newcastle upon Tyne
Area covered: North East



Profile

Christine has worked as a case manager and occupational therapist with A Chance for Life Ltd for over 5 years, managing a mixed caseload of adults and children with a wide range of complex injuries and needs. She draws on extensive clinical experience to ensure that the rehabilitation and support her clients receive is holistic and tailored to meet their individual needs.

Christine has a strong interest in a range of complex conditions including brain injury, profound and multiple learning disabilities, sensory processing difficulties, orthopaedics, mental health, cardio/respiratory and amputation.

Christine has a wealth of experience of managing and working with support teams and team leaders and working with a wider multidisciplinary team, making sure rehabilitation packages run smoothly for clients so they can reach their full potential in daily life.

She works in a range of different settings in addition to her clients' homes, including special educational needs schools, rehabilitation centres and in a range of community settings to facilitate clients to engage in social, educational, leisure and vocational activities.

Christine has specialist qualifications in sensory integration therapy and has a particular interest in how this therapy can be used for people with acquired brain injury and neurodevelopmental conditions.



Areas of expertise

Children, adults and older adults
Acquired brain injury
Cerebral palsy
Complex orthopaedic injury and amputations
Mental health conditions
Epilepsy
Sensory impairment
Learning disability
Stroke
Dementia
Neurodevelopmental disorders
Chronic fatigue syndrome
Complex medical conditions

Sensory integration
Challenging behaviour
SEN / EHCP
Benefits and appeals
Securing statutory funding
Group work
Relaxation therapy
24 hour postural management
Vocational rehabilitation

Qualifications

BSc (Hons) Occupational Therapy, 2006
Apple Accredited Clinical Educator in Occupational Therapy, 2011
DWP Clinical Assessor qualification, 2014 and Auditor and Clinical Support Lead qualification, 2015
Positive Behavioural Support Trainer 2018
Postgraduate Certificate, Sensory Integration Therapy, 2019
Postgraduate Advanced Diploma, Sensory Integration Therapy, 2021

Memberships & registrations

Health and Care Professions Council (HCPC)
British Association of Brain Injury Case Managers (BABICM)
– Advanced practitioner member
Royal College of Occupational Therapists (RCOT)
Sensory Integration Network

To discuss a referral or for more information, please contact A Chance for Life Ltd

T: 01768 891709 E: admin@achanceforlife.co.uk

W: www.chanceforlife.co.uk

Professional Experience

Aug 2024 – present Lead Case Manager & Specialist Occupational Therapist, A Chance for Life Ltd

In addition to her clinical role, Christine is also a lead case manager, providing guidance, mentorship and supervision for a team of clinicians and contributing to the clinical management and service development of the company.

Apr 2019 – Jul 2024 Case Manager / Senior Case Manager & Occupational Therapist, A Chance for Life Ltd

From January 2024, Christine's case management experience, BABICM advanced practitioner status and contribution to the high standards of clinical practice at A Chance for Life were recognised with the title 'Senior Case Manager'.

Christine is developing her Expert Witness work, offering Neurological Occupational Therapy reports, making use of her extensive, up to date clinical expertise and report writing skills. As part of her development, Christine has attended courtroom skills training. She is mentored and supported by highly experienced expert witnesses in-house.

2017 – 2019 Senior Occupational Therapist, Northern Counties School, Percy Hedley Foundation

Percy Hedley Foundation is a SEN school for students with neurological and developmental conditions including autistic spectrum disorder, sensory processing disorder, cerebral palsy, sensory impairments and profound and multiple learning disabilities. Christine provided individual, tailored occupational therapy interventions for students' age 9-19 years old, working within a wider MDT. She also worked with community health care professionals and charities to provide seamless care for students transitioning to other services.

Christine worked with students both 1:1 and in group settings and used life skill activities to facilitate social engagement and functional independence. She also supported post-16 students to achieve life skills challenge certificates in shopping and cooking as part of their ASDAN work.

Whilst at Percy Hedley, Christine began her sensory integration training. She also trained to apply positive behavioural support techniques and was a member of the positive behavioural support team at the school.

2017 – 2019 Support Worker (part time), UK Case Management Services

Christine supported a teenage girl with acquired brain injury to engage in meaningful activities such as horse riding, swimming, cinema and bowling. She supported her client with goals including keeping fit and healthy, stranger danger awareness, money management and maintaining good personal hygiene. This role gave Christine insight into the physical, psychological, social and emotional impact brain injury has on both clients and their families.

2014 – 2017 Clinical Support Lead, Auditor & Disability assessor, Department of Work and Pensions

Christine undertook face to face functional assessments for people requiring a personal independence assessment. She reviewed medical information and used her clinical knowledge to produce an accurate report of the client's condition. In 2016, she progressed to a clinical support lead role and auditor, overseeing a team of health professionals, giving clinical advice, monitoring the quality of assessment reports and delivering in house training.

2011 – 2014 Senior Occupational Therapist, NHS / Social Services Enablement Team

Providing rehabilitation in the community to clients being discharged from hospital and resolving situations for clients going into crisis. Working with families and care providers to ensure that all parties were engaged in the process and felt competent in using new equipment, moving and handling techniques and carrying out new care routines.

2010 – 2011 Senior Occupational Therapist, Liverpool out of Hospital Service

Christine facilitated timely hospital discharge for patients with a range of health problems including heart and respiratory conditions, orthopaedic trauma, dementia, falls and acute infections. She undertook comprehensive assessments, set rehabilitation goals, provided 1:1 therapy in the home, assessed for equipment and adaptations and carried out regular reviews to evaluate patient progress.

2010-2011 Private Occupational Therapist, Access Independent (part time)

Providing OT assessments and detailed reports for Housing Associations, MoD, charities and Social Services. Working with patients with chronic illnesses including mental health conditions, COPD, amputation and brain and spinal injuries. Assessing clients for large housing adaptations such as level access showers, ramps, stair lifts and ceiling track hoists.

2006 – 2011 Early career

Working in a variety of setting including falls prevention, intermediate care, orthopaedics, social services, general medicine, elective and trauma orthopaedics at Hexham General Hospital. Prior to starting university, Christine was a personal assistant working with a case managed client with spinal cord injury.

Christine's recent training record is available on request.