

Esther O'Neill

Specialist Occupational Therapist

Based in: Cumbria



Profile

Esther has 15 years' experience working as an OT in both acute and community settings in the health and social care sectors across North West England.

For the past 5 years she has been part of the team at A Chance for Life Ltd, working as a specialist OT alongside our team of case managers, developing an in-depth knowledge of acquired brain injury and neurorehabilitation in the community.

Prior to joining A Chance for Life Ltd., Esther worked with adults from 18 years+, most recently in the field of community rehabilitation, providing specialist and integrated Occupational Therapy input for adults in North West Cumbria.

Esther is adept at working as part of a multidisciplinary team to provide specialist assessment, intervention, and management of adults who present with a wide variety of conditions including chronic, complex, disabling and life limiting conditions.

She inherently takes a holistic view of the individual she is working with and values the importance of being dynamic and creative.

Esther works with the individual, and all those around them to achieve the goals that are important to them and improve their quality of life.

She has a wealth of experience facilitating connections with statutory, private and third-party organisations to access the appropriate support and resources to achieve the best outcomes.

Areas of expertise

Adults & older adults
Acquired brain injury
Amputations
Mental health conditions
Stroke
Dementia
Parkinson's disease
Motor neurone disease
ME / chronic fatigue syndrome
Visual impairment
Managing challenging behaviour
Securing statutory funding
Group and/or one to one rehabilitation
Occupational health
Medical and functional assessments

Qualifications

BSc (Hons) Occupational Therapy, 2008
Masters Level 7 (20 Credits) Occupational Therapy - Accreditation of Practice Placement Educators scheme, 2010

Memberships & registrations

Health and Care Professions Council (HCPC)
Royal College of Occupational Therapy (RCOT)
British Association of Brain Injury Case Managers (BABICM)
Northern Acquired Brain Injury forum (NABIF)
Cumbria Neurological Alliance (committee member)

To discuss a referral or for more information, please contact A Chance for Life Ltd

T: 01768 891709 E: admin@achanceforlife.co.uk

W: www.chanceforlife.co.uk



Professional Experience

After qualifying as an Occupational Therapist in 2008, Esther worked in a variety of settings within the NHS. Her professional career to date has primarily specialised within community rehabilitation, however, she has often worked with complex individuals who not only have a mental health diagnosis, but a variety of physical and neurological health conditions such as motor neurone disease, Parkinson's disease, multiple sclerosis and stroke. Since joining A Chance for Life Ltd in 2018, Esther has developed extensive skills in the area of brain injury and a working understanding of the medicolegal field.

Current role

Esther carries a mixed caseload of clients requiring Occupational Therapy input. Current ages range from seven years old to older adults. She specialises in the treatment of people who have neurological disabilities or other complex conditions, working on goal directed, holistic, cost-efficient rehabilitation programmes that help clients recover their physical and cognitive skills, increasing their independence in their home and in their community.

Her role includes –

- Carrying out comprehensive occupational therapy assessments, writing detailed reports to inform multidisciplinary team (MDT) working and delivering a client-centred occupational therapy service.
- Working with clients and their families to set short and long-term goals and supporting their rehabilitation by re-evaluating these goals and marking progress every step of the way.
- Delivering rehabilitation and coping strategies and helping to minimise disability through rehabilitation programmes, provision of equipment and assistive devices.

Esther is skilled at managing and working with support teams and team leaders, making sure rehabilitation packages run smoothly to enable the client to reach their full potential.

Professional Pathway

2022 – present	Specialist Occupational Therapist, A Chance for Life Ltd
2018 – Mar 2022	Lead Rehabilitation Support Coordinator / Occupational Therapist, A Chance for Life Ltd
2017	Service Leader, Community Integrated Care, Cumbria.
2011 – 2016	Band 6 Specialist Occupational Therapist, Workington Community Rehabilitation Services
2009 – 2011	Band 5 Occupational Therapist, Workington Community Hospital, Rehab/STINT team
2009	Rotational Occupational Therapist, Intermediate Allerdale Care Team, Workington
Dec 2008 – Jan 2009	Agency Occupational Therapist, Blackpool Fylde & Wyre NHS Foundation Trust
2007 – 2008	Bank Support Worker, Neuro Partners, Newcastle Upon Tyne
1985 – 2005	Heath Care Assistant & Phlebotomist, North Cumbria Acute Hospital NHS Trust

Esther's recent training record is available on request.