



**Gemma Kemp**  
**Case Manager/Occupational Therapist**  
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Base: Carlisle

A Chance  
for life

## Qualifications

BSC Hons Occupational Therapist 2014  
Apple Accredited Clinical Educator in Occupational Therapy 2016

## Memberships

Health and Care Professions Council registration OT70187  
British Association of Occupational Therapy BT0810918  
British Association of Brain Injury Case Managers (BABICM) – 6549

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## Summary

I have been an Occupational Therapist since 2014 and prior to that I have worked as a healthcare assistant and a support worker. I have worked in acute hospitals, residential and community settings to provide care and rehabilitation to clients with a range of complex conditions including clients with neurological and mental health disorders. I work with a client-centred, strengths-based approach to promote independence by creating personalised goals collaboratively with the client and their families.

I encourage clients to participate in meaningful and purposeful activity through supporting positive risk taking whilst ensuring that clients are safe and well supported. I have extensive experience of environmental and functional assessment and use this knowledge to ensure that the environment is suited to my client and their needs. I pride myself on listening to clients to find appropriate and innovative ways to promote rehabilitation and independence, whilst ensuring that I am respectful of the client, their family and their wider social circle.

## Previous clinical experience:

- I have worked with patients in hospital, community and residential settings.
- I always work proactively and collaboratively with multi-disciplinary teams to provide the best care for my clients.
- I work with my clients and the rest of the multidisciplinary team to promote assessment of capacity and best interest decisions, where this is appropriate.
- All my practice is evidence based to provide the highest quality of safe care to my clients.
- I am skilled in complex postural management and 24-hour postural management.
- I use principles of sensory awareness and understanding in my work.
- I can assess moving and handling challenges and advise on appropriate approaches for clients with complex disability, including provision of equipment and environmental adaptation.
- I can advise and assess in relation to environmental adaptations for accessibility and independence around the home.
- I support clients to access their wider environment and engage in social and leisure opportunities.

## **Current position**

I joined A Chance for Life Ltd in 2019 as a Case Manager/Occupational Therapist where I draw on my extensive rehabilitation experience. My current role includes:

- Carrying out assessments in order to agree case management goals.
- Carrying out Occupational Therapy assessments to agree appropriate approaches to rehabilitation.
- Sourcing therapists and coordinating multi-disciplinary teams and rehabilitation programmes.
- Working alongside rehabilitation teams, education teams and other professionals working in statutory services.
- Recruiting, managing and supervising support staff, including 24-hour teams.
- Working alongside litigation solicitors and financial deputies within the medicolegal field.
- Working with clients who are both pre and post litigation.
- Managing a case load of clients and working collaboratively with clients and their families to tailor support and rehabilitation programmes that meet complex individual needs.

## **Key achievements**

- I have an extensive knowledge of local assets and resources to work innovatively, resourcefully and in a timely manner.
- I have worked with clients over many years, helping them to adapt their activities and environments as needs change over time.
- I can use British Sign Language to communicate.

## **Professional pathway**

### **Early career**

- Qualified as an Occupational Therapist in 2014 and have worked in reablement and community OT services.
- I worked as a Health Care Assistant in a local hospital, providing support to nurses in the delivery of patient care, for clients with a range of healthcare, physical and emotional needs.
- I worked as a support worker in a Nursing Home providing care and support for clients with complex physical and mental health needs.

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## **Continued Professional Development:**

2020	New & Would Be Case Managers – Part 1
2020	Medication Administration
2019	Level 3 Emergency First Aid at Work (RQF)
2019	CMSUK Conference & AGM
2019	Safeguarding and Mental Capacity Act Awareness
2019	Moving and Handling training
2019	Acquired Brain Injury Training
2019	24h Postural care, Symmetrikit
2018	Moving and Handling Update
2017	Continuing Healthcare Training
2017	Wheelchair Design
2016	Sensory Awareness Training
2016	Accora Seating
2016	Seating - Yorkshire Care and Seating matters
2015	Introduction to British Sign Language
2015	DIAG training (Moving and Handling)
2015	Safeguarding Investigations Training
2015	Deprivation of Liberties safeguarding Training
2015	Wheelchair prescriber Training