



Lisa Thompson
Case Manager/ Specialist Occupational Therapist



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Base: Lancaster, Lancashire
Areas: Lancashire, Greater Manchester and Merseyside

Professional Qualifications

BSc (Hons) Occupational Therapy – Lancaster (University of Cumbria) 2017
Health and Social Care Professions (Lancaster and Morecambe College) - Access to Higher Education Diploma 2014

Memberships

Registered Member of British Association of Brain Injury Case Managers (BABICM)
HCPC Registered Occupational Therapist
Member of the Royal College of Occupational Therapists
Committee member for RCOT Specialist Section Neurological Practice

Summary

I have a high level of experience in providing Case Management for adult and adolescent clients with various diagnoses including acquired brain injury, complex neurological conditions and clients with mental health difficulties.

I have over 19 years' experience of working with clients who have multiple, complex and challenging needs. This includes 13 years previous experience as a Case Manager working within Forensic settings.

Experience

I joined A Chance for Life Ltd in 2017; working as Case Manager and Occupational Therapist. In addition to the summary above I have specialist skills and experience in the following;

- Undertaking assessments of clients' needs, providing clear and comprehensive Case Management plans with identified aims and SMART goals, reflecting current and future needs and to evaluate effectiveness of intervention.
- Using a client centred approach, advocating on behalf of her clients to ensure their needs and wishes are considered in their best interests at all times.
- Sourcing a multi-disciplinary therapy team suitably skilled to support client and liaising closely with client's MDT to monitor progress and address any challenges/difficulties that arise.
- Recruiting, supervising and managing support staff, both directly recruited by A Chance for Life and via support agencies, to work alongside the multidisciplinary team to provide the client with the opportunity to live as independently as possible.
- Working with an individual with an Acquired Brain Injury (ABI) to live independently in the community with a 24-hour support package, following a successful transition from a long-term residential setting.

- Liaising with professionals within Criminal Justice system and legal representatives to support clients within criminal cases.
- Liaising with other professionals working within the field of acquired brain injury, attending case conferences and meetings with legal teams as part of the medico legal process as and when required.
- Building positive and lasting therapeutic relationships with clients and their families, so that they feel supported through difficult processes.

Professional Pathway

2000-2012 National Probation Service- Probation Services Officer HMP Lancaster Castle/ Lancaster and Morecambe Community

- I have over 12 years' experience within the legal sector as Probation Service Officer working on several programmes, including internationally accredited tutor in the Reasoning and Rehabilitation Programme. This was an evidence-based, multi-faceted, cognitive-behavioural programme for teaching the cognitive skills, social skills and values that are required for prosocial competence.
- Providing assessment advice and Reports to court, including the delivery of reports to Magistrates' and Crown Court Judges.
- Extensive training in the Risk Management and Safeguarding of Children and Vulnerable Adults
- Processing information and assessing individual's behaviour in relation to risk of harm to themselves and others, ensuring this was effectively communicated between agencies and services

2012- 2017 Therapies Department (NHS)- Technical Instructor Royal Lancaster Infirmary

- Therapy Technical Instructor, a rotational post within the Royal Lancaster Infirmary NHS hospital, including Rehabilitation, Surgery/ICU, Orthopaedics and Acute Medicine. Duties and responsibilities included;
- Undertaking specific skilled support work to aid the therapy team in the efficient and effective delivery of rehabilitation to patients within the rotational setting
- Treating patients according to set protocols, monitoring patient progress, modifying and progressing patient treatment as required.
- Accurately recording rehabilitation progress as per Trust documentation/database including discharge plans.

2014-2017 Occupational Therapy Neurological Placements

Community Stroke and Neuro Rehabilitation Team

To participate in the assessment and treatment of patients with a variety of acute, chronic and progressive disorders. This included patients with clients with significant levels of physical dependency as well as cognitive and perceptual impairments and communication problems.

Secure Mental Health Services (including ABI Unit)

To support clients through the medium of activities promoting confidence and skills required for activities of daily living, assessing and treating an individual's functional skills and roles. Undertaking group work sessions as well as participating in individually tailored sessions, including MOHO Training, which further developed my practical knowledge of Occupational Therapy outcome measures, building upon my risk assessment/management training within the ABI-MDT setting.

Children's Community Paediatric Service

To assess children for adaptations and specialist equipment where appropriate, ensuring maximum levels of independence for the child. To communicate with children of all ages who had a range of physical and psychological barriers to communication, their parents/carers and other members of the MDT. Contributing

to assessments, reports and attending meetings to ensure the child's care needs are met within an Educational and Health Care Plan (EHCP) remit where the child has OT provision.

Community Brain Injury Rehabilitation Team

Elective placement included clinical duties and responsibilities to be able to assess the impact of the presenting traumatic brain injury on all aspects on a clients' life (i.e. activities of daily living, community participation, vocation etc) and determine an appropriate management plan including onward referral as appropriate. To contribute within the MDT to formulate, plan, deliver and adjust a client-centred assessment by the use of effective and efficient clinical reasoning, supported by evidenced-based practice. I also contributed to initial assessments of service user's physical, cognitive, mental, social and environmental levels of functioning, requiring an understanding of the individual's baseline level of functioning. Understanding of the assessment of capacity and its principles including gained consent. This included the consideration of legal frameworks regarding working with clients who lack the capacity to consent to treatment. Involvement in the WHIM assessment of a PDOC (minimally conscious) client, an area in which I am looking to gain further training and development.

Continued Professional Development in past three years:

- 2020** - Disclosure Dilemmas: Not for the faint hearted (BABICM)
- 2019** - Beyond Beginnings Workshop (Part 2) – BABICM
 - Mediate2Rehabilitate Conference
 - Overview of upper limb functions and recovery in patients with neurological dysfunction
- 2018** - New & Would Be Case Managers (Part 1) – BABICM
- 2017** - Driving with a Neurological Diagnosis
 - Acquired Brain Injury training
 - Safeguarding and Mental Capacity Act training