



Rachel Cromack
Nurse Case Manager

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Base: Stockton-on-Tees, County Durham

Professional Qualifications

Advanced Diploma in Nursing (Child) (2000)

Advanced Diploma in Practice Development (2007)

BSc Hons Practice Innovation (Child and Family Care) (2015)

Advanced Paediatric Life Support Provider (APLS)

Memberships

NMC Registered – PIN 9712965E

Unison

Summary

I have been a qualified registered Paediatric Nurse since September 2000. Since qualifying I have worked within the NHS for the majority of my career on a busy children's medical ward and in a Paediatric Intensive Care Unit (PICU) initially as a Staff Nurse then as a Sister for the past 16 years. Over the past year I also worked in a number of community settings with both adults and children with complex healthcare needs for private sector companies. During my career, I have looked after children and young people with a wide variety of conditions including traumatic brain and spinal injuries, neuromuscular conditions, acute and long term ventilation, tracheostomies, spinal surgery, epilepsy, asthma and diabetes. As an Advanced Paediatric Life Support (APLS) provider I carried the arrest bleep for paediatric trauma and cardiac arrest calls. This meant that I was able to look after the patients that sustained life-threatening and life-changing injuries and illness from arriving in the emergency room throughout their hospital stay and to discharge home. I worked closely with a vast multi-disciplinary team including medical staff, physiotherapists, social workers, OT's, GP's, dieticians, care packages, CCG's, play therapists, radiographers and many more to ensure holistic and thorough care was planned and delivered to the patient and their families to ensure a successful discharge was achieved. I worked with many children and young people who had very complex health needs and required home care packages and I had a strong interest in this area so was heavily involved in establishing these during their hospital stay. My care is always patient and family focussed, always taking an empathetic and holistic approach to the planning and delivery of care, and I strive to achieve the best possible outcomes for my patients and their families.

Current position

Nurse Case Manager, A Chance for Life Ltd.

I intend to draw on my vast experience to fulfil the following duties:

- Carry out assessments, prepare Case Management reports and costs.
- Source therapists, and coordinate multi-disciplinary teams and rehabilitation programmes.
- Work alongside education teams and statutory services.

- Work alongside litigation solicitors and financial deputies within the medico-legal field.
- Work with Clients who are both pre- and post- litigation.
- Work collaboratively with Clients and their families to tailor support and rehabilitation programmes to meet individual complex needs.

Clinical Experience

- Nursing care for paediatric and adult patients in hospital and community settings with a wide range of clinical needs including traumatic brain and spinal injuries.
- Invasive and Non-invasive Ventilation/ Life Support
- Tracheostomies, Gastrostomies and PEG's, Catheters, Central Lines, venous and arterial access devices.
- Venepuncture and cannulation.
- Complex Medication Calculation/ Administration
- Manual Handling, Pressure Area Care, Infection Control, Level 3+ Safeguarding
- Various Medical Equipment Experience
- Multidisciplinary Team Meetings and Discharge Planning Meetings
- Named Nurse for Long Term Patients Co-ordinating Care with MDT.
- End of life/ Palliative Care Support
- Experience of Setting up, Training and Supporting Community Care Packages prior to discharge into the community.
- Research trials

Professional Pathway

- 1997-2000 Student Nurse, Teesside University, Middlesbrough.
- 2000-2003 Staff Nurse, Children's Ward, The James Cook University Hospital, Middlesbrough.
- 2003-2021 Sister, Paediatric Intensive Care, The James Cook University Hospital, Middlesbrough.
- 2020-2021 Specialist Nurse, Thornbury Community Nursing Services (ad-hoc shifts)
- 2020-2021 Research Home Trial Support Nurse, Rumax Ltd
- 2020-2021 Research Home Trial Support Nurse, Medical Research Network.

Continued Professional Development:

- CMSUK Introduction to Case Management
- The Early Litigation Journey from The Rehabilitation Code to Expert Evidence. (Irwin Mitchell Webinar, May 2021)

- Mental Health Act or Mental Capacity Act? The right approach for Autistic people and people with learning disabilities detained in assessment and treatment units. (May 2021)
- Assessments: Discussing the challenges for people with brain injury (Irwin Mitchell webinar, May 2021)
- Seeing Brain Injury Clearly (BABICM, May 2021)
- Complexities of serious injury – Irwin Mitchell webinar (May 2021)
- Understanding the impact ABI and hidden disability on community participation – BABICM (April 2021)
- Headway fatigue training
- Chronic Pain, Diagnosis and Management – Irwin Mitchell webinar (April, 2021)
- Safeguarding and Mental Capacity Act Awareness training
- Covid-19 social distancing training
- Infection prevention and control
- Health and safety awareness
- Manual Handling
- Equality Act 2010 training
- General Data Protection Regulations (GDPR) training
- Information security
- Fire safety awareness.