



**Janice Ewart**  
**Senior Case Manager/Specialist**  
**Physiotherapist**  
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Base: Penrith, Cumbria



### **Qualifications**

BSc (Hons) Physiotherapy (1995)

### **Case Management Memberships**

Advanced Member of British Association of Brain Injury Case Managers (BABICM) 3561  
Member of Case Management Society UK (CMSUK) 18-3841-A

### **Physiotherapy Memberships**

Member of the Chartered Society of Physiotherapy (CSP) 55708  
Health and Care Professions Council (HCPC) Registration Number PH49407  
Association of Paediatric Chartered Physiotherapists (APCP) NW 104405  
Member of Aquatic Therapy Association of Chartered Physiotherapists (ATACP)  
Member of Medicolegal Association of Chartered Physiotherapists (MLACP)

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### **Current Position**

I joined A Chance for Life Ltd in February 2018 and am currently a Senior Case Manager and Physiotherapist working with adults and children with complex injuries including brain and spinal injuries, orthopaedic conditions and amputations both pre and post-litigation. I have recently achieved my Advanced BABICM Membership status and continue to practice as a neurophysiotherapist, being actively involved in several Special Interest Groups and pursuing further progression in Medico Legal work.

My role currently includes:

- Carrying out detailed assessments, preparing case management reports and costs.
- Carrying out neurophysiotherapy assessments, preparing reports and costs.
- Carrying out neurophysiotherapy intervention for both adults and children including hydrotherapy and onward referral to other services where indicated.
- Setting up and reviewing client-centred goals and programmes, including case management plans & physiotherapy plans.
- Sourcing and co-ordinating multi-disciplinary teams, liaising with solicitors, insurers, education authorities and statutory providers.
- Line managing and supervising Case Managers within A Chance for Life.
- Recruiting, managing and supervising rehabilitation support workers.
- Supporting clients and families through the litigation process.

### **Previous Experience**

I have over 20 years' experience in the NHS, working primarily in the field of paediatrics, which included multidisciplinary working with complex cases and co-ordinating statutory and non-statutory services. My neurological experience includes 24hr postural management with the use of specific handling, activities and specialist equipment to enhance functional abilities and postural maintenance. I have also been involved in the provision of dynamic lycra orthosis to

optimise function, making use of client's own muscle work to reduce spasticity and improve posture following brain injury.

I am an effective communicator and understand the empathy required to work with people in often emotive circumstances. I like to be proactive in sourcing services and can think outside the box for improved outcomes, looking at relevant facts and findings to ensure the best plan clinically, and for the long-term needs of the client.

### **Key Skills**

- Carrying out detailed assessments, writing thorough reports and setting goals with clients.
- A broad understanding and vast experience of assessment and treatment of adult and paediatric neurological conditions.
- Experience of working as part of a multidisciplinary team on complex cases.
- Supervising and mentoring case managers, therapists and support staff.

### **Key Achievements**

- Working with challenging families, developing and maintaining good working relationships.
- Managing a complex caseload, working closely with clients and their families to ensure their rehabilitation and support is tailored to meet their individual needs.
- Being involved in service development to enhance and improve the service delivery offered to clients and their families.

### **Professional Pathway**

I qualified as a Physiotherapist in 1995, graduating from Queen Margaret College, Edinburgh with a BSc (Hons) Physiotherapy. I worked in a large general hospital in Inverness as a rotational physiotherapist across wide a range of acute and community settings including medical, surgical, neurology, amputees and paediatrics before accepting a senior role working with children and young adults with Cystic Fibrosis across the Highlands of Scotland.

From 1999 I specialised in paediatrics covering a large, rural area working in home and school settings, liaising closely with the wider team based centrally, before moving to Cumbria in 2001 to take up a full-time post in Paediatrics with a mixed caseload; premature babies to 19 years of age with a wide range of developmental delay, musculoskeletal conditions and neurodisabilities.

Having worked predominantly in the community, becoming a Case Manager was a natural progression, allowing me to use existing knowledge and skills to support clients and their families and enhance clients' long-term recovery, helping them to reach their maximum potential post injury.

### **Summary of Recent CPD/Training:**

#### **Physiotherapy**

MLACP: Paediatric & Adult Neurology: The Role of the Physiotherapist as an Expert Witness  
28/29th April 2021

MLACP: Introduction to Medico-Legal Work – Sheffield, 27<sup>th</sup> Sept 2019

ATACP: Foundation Aquatic Therapy Course – Liverpool, 20<sup>th</sup> & 21<sup>st</sup> Nov 2021

APCP: Rebound Therapy Workshop – Newcastle, 9<sup>th</sup> Feb 2019

## **Case Management**

BABICM Decisions, Decisions – The Way forward: Supporting Capacious Choices in litigation and beyond – York, December 2021

BABICM Case Managing with Curiosity & Creativity – Manchester, Dec 2019

BABICM Life of Brian Conference – Leicester, Oct 2019

BABICM Beyond the Beginnings – Birmingham, Nov 18

BABICM New & Would be Case Management – Birmingham, March 2018

Through Covid restrictions BABICM and solicitors hosted a number of webinars. Some of those attended are listed below:

BABICM Wellbeing Series Part 1-5

BABICM Postural Care Series 1-3

Irwin Mitchell Webinar: The Long-Term Impact of Remote Therapy

Irwin Mitchell Webinar: The impact of Covid on Litigation

Irwin Mitchell Webinar: Paediatric Movement Matters conference

Irwin Mitchell: Paediatric Clinical negligence and personal injury, introduction to low value and high value claims.

Irwin Mitchell: Focus on Amputee rehab and Exploring Upper Limb Trauma webinars

Irwin Mitchell: Psychological Aspects of Chronic Pain

Burnett's: Vestibular Rehabilitation Webinar

Sintons: Modify Me: Rehab and Engineering after Serious Injury

## **Mandatory Training**

Emergency First Aid at Work, Moving & Handling, Mental Capacity Act, Safeguarding and Medication training are all carried out on a regular basis to maintain knowledge and competencies.