



Claire Barras
Registered Manager

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Professional Qualifications

Diploma Level 5 Health and Social Care
NVQ Level 3 Health and Social Care
A1 Assessors Award NVQ Level 3 H&SC

Professional experience – current

In August 2021, I successfully interviewed for the Registered Manager role within the company and since then have been working hard fulfilling the duties outlined in my new job description. I am still heavily involved in the support side of the company and manage a small team of Area Coordinators, Team Leaders and Support Workers, whilst also giving guidance on CQC standards and ensuring policies are up to date and followed by all employees. I am responsible for monitoring incidents and reporting any relevant incidents to Safeguarding and RIDDOR.

I am involved in ensuring professional, fair systems and protocols are implemented and followed through all aspects of the working environment. I work with multiple people in the company to ensure business objectives are met. I mentor and assist my team to reach their developmental goals and contribute to a friendly and relaxed working environment.

Professional experience – A Chance For Life Ltd, Senior Support Coordinator, Support Worker

I was originally employed as a Support Worker and acting Team Leader for A Chance for Life Ltd. Working as part of a team for the first 5 years of employment, I assisted a client within their family home, fulfilling their daily care needs such as; bathing, changing, feeding, social needs and daily physiotherapy. During my time as acting Team Leader, I was responsible for supervisions, writing staff rotas and organising the team and activities for the client.

In December 2017 I was promoted to Senior Support Worker with my role moving from working with one client, to helping across several teams in the Company. My role was primarily to assist other support staff, ensuring training and standards were met across all staff alongside our Care Coordinator. This involved providing Support Workers with supervisions and ensuring we met CQC standards by keeping training of Support Workers up to date. I was responsible for overseeing and ensuring all relevant training was booked and training records were kept up to date. Alongside the Care Coordinator, I assisted with Initial Assessments for potential clients and liaised with the client and their family to identify their needs, expectations and requirements with regard to their support package. I also assisted in putting forward a support package proposal to funders. Following this, I was actively part of the recruitment process for support for clients and filtering applicants with the required skills and experience. Following successful recruitment, I ensured staff were provided with a comprehensive Company Induction which included Health and Safety, Fire Safety and Manual Handling awareness. I worked closely with clients to ensure we provided a person-centred approach to their support requirements. I assisted in the management of clients' support packages and attended review meetings, MDT meetings and goal planning meetings. I contributed to, and was responsible for, completing risk assessments and support plans, always ensuring I had the client's full involvement.

In November 2019 I was promoted to Senior Rehabilitation Support Coordinator and I started completing my NVQ Level 5 in Health and Social Care whilst continuing to coordinate and support a selection of mandatory training for A Chance for Life Ltd staff and clients.

Professional experience - historic

I have over 16 years' experience working with children and young adults with complex neurological conditions as well as working with behavioural, emotional, learning and mental health difficulties. My experience was predominantly working in residential settings, where I encouraged and advised clients to make decisions about their life and supported them with developmental and health needs.

I have been responsible for keeping care plans, individual case management plans, health plans and educational documents up to date and ensuring everyone involved with the cases knew their role and responsibilities. This was always done in conjunction with the clients and, when this was a child, ensuring use of child friendly language.

Additional to key working and support working, I was the health and safety officer for the residential unit ensuring policies, risk assessments and first aid were all in place and up to date, and being responsible for ensuring the team were fully aware of their own responsibilities within this team.

I successfully completed the A1 Assessors award which enabled me to take on additional duties supporting colleagues to complete their NVQ and develop in their roles.

Career Progression

Aug 2021 – Present	Registered Manager, A Chance for Life Ltd
Nov 2019 – Aug 2021	Senior Rehabilitation Support Coordinator, A Chance for Life Ltd.
Dec 2017 – Nov 2019	Senior Support Worker, A Chance for Life Ltd
Dec 2012 – Dec 2017	Support Worker and Acting Team Leader, A Chance for Life Ltd
Jun 2007 – Dec 2012	Residential Support Worker/A1 Assessor - Wilderness Experiences
Jan 2004 - Jun 2007	Residential Support Worker, Keys Group

Summary of Continued Professional Development attended in past 3 years

2022	Prevent: e-learning
2021	Moving & Handling Dementia Friend CPI (Client specific) Emergency First Aid at Work Safeguarding & Mental Capacity Act Acquired Brain Injury Training Child Exploitation risk Awareness webinar Menopause Training Advanced GDPR Attended 3-day BABICM event Nutrition for Brain Injured Clients Speech and Language Therapy with clients with Prolonged Disorder of Consciousness (PDOC) NVQ Level 5 Health & Social Care (Completed Oct 2021)
2020	Acquired Brain Injury Training

Previous key training undertaken:

The Effective Trainer
Infection Prevention & Control
Lone Working out of the Workplace
Autistic Spectrum Disorders Awareness Level 1
Childcare Law
Crisis Prevention Intervention
Risk Based Practice in Residential Child Care
Level 3 NVQ in Children and Young People
A1 Assessors Award
Challenging Behaviour and Brain Injury
Understanding Brain Injury, Insight & Psychological Adjustment
Epilepsy Awareness and Buccal Midazolam Training
GDPR Essentials