



Christine Robson
Case Manager/Specialist Occupational Therapist
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Based: Newcastle upon Tyne

Professional Qualifications

BSc (Hons) in Occupational Therapy, 2006
Apple Accredited Clinical Educator in Occupational Therapy, 2011
Clinical Assessor for the Department of Work and Pensions, 2014
Auditor and Clinical Support Lead qualification for the Department of Work and Pensions, 2015
Positive Behavioural Support Trainer, 2018
PGC in Sensory Integration Therapy, Ulster University, 2019
PGDip in Sensory Integration Therapy, Sheffield Hallam, 2021

Memberships

Health Professions Council Registration: OT48994
Member of the Royal College of Occupational Therapy
Sensory Integration Network
British Association of Brain Injury Case Managers (BABICM) - 4195

Professional Experience

I joined A Chance for Life Ltd as a Case Manager/Occupational Therapist (OT) in April 2019 to enable me to draw on my extensive clinical experience and support my clients to receive the highest quality rehabilitation and support. I have a strong interest in a range of complex conditions including brain injury, profound and multiple learning disabilities, sensory processing difficulties, orthopaedics, mental health, cardio/respiratory and amputation. Throughout my career as an OT and case manager, I have worked with children and adults of all different age ranges and I have always ensured that the care and support I provide is holistic and tailored to meet each client's individual needs.

Working at A Chance for Life Ltd has given me the opportunity to work as a Case Manager and an Occupational Therapist. I currently carry a mixed case load of clients requiring Occupational Therapy and Case Management input and the age ranges of the clients range from age seven to older adults. I have a wealth of experience of managing and working with support teams and team leaders and making sure rehabilitation packages run smoothly for the client so they can reach their full potential in daily life. I work in a range of different settings including special educational needs schools, rehabilitation centres and in a range of community settings to facilitate clients to engage in social, educational and vocational activities.

Previous Employment

2017-2019 Senior Occupational Therapist at Percy Hedley Foundation at Northern Counties School

Percy Hedley Foundation is a specialist educational needs school for students who have a range of different neurological and developmental health conditions including autistic spectrum disorder, sensory processing disorder, cerebral palsy, hearing and visual impairments and profound and multiple learning disabilities.

My work involved the provision of Occupational Therapy for students aged 9-19 years old. I worked within a multi-disciplinary team (MDT) consisting of OTs, Teachers, Nurses, Physiotherapists and Speech & Language Therapists. I also worked together with community health care professionals and charitable organisations to provide seamless care for students transitioning to other services. The students required individual assessment and therapy interventions that were tailored to meet their individual needs. My therapy interventions were delivered both 1:1 and in group settings, and life skills activities were used to facilitate social engagement and functional independence. I also supported the post-16 students to achieve life skills challenge certificates in shopping and cooking as part of their ASDAN work.

2017-2019 Support Worker for UK Case Management Services

I supported a teenage girl with an acquired brain injury to engage in meaningful activities such as horse riding, swimming, cinema and bowling. The main goals for my client was keeping fit and healthy, being aware of stranger danger, money management and maintaining good standards of personal hygiene. I enjoyed this work very much and it gave me good insight into the physical, psychological, social and emotional impact brain injury has on both clients and their families. I also enjoyed seeing the progress the client made over a two-year period and being part of the team who supported with rehabilitation.

2014 - 2017 Clinical Support Lead, Auditor & Disability Assessor working on behalf of the Department of Work and Pensions

In this role I undertook face to face assessments with clients requiring a personal independence assessment. This is a functional assessment gathering health condition history, making observations, mental state examination, and a musculoskeletal examination. Other tests such as a pulse check, peak flow test, hearing tests and sight tests were conducted depending on what health conditions were being reported. To prepare the final report, I read medical information from a range of different health professionals and combined this with my clinical knowledge to produce an accurate report of the client's condition.

In 2016, I progressed to a clinical support lead role and auditor overseeing a small team of health professionals in Newcastle. My role involved giving clinical advice, monitoring the quality of assessment reports and giving in-house training to the team. I continued to carry out face to face assessments during this time to maintain assessment skills and client contact.

2011-2014 Senior Occupational Therapist, NHS/Social Services Enablement Team

In this role, I worked in the community to support clients being discharged from hospital and supporting clients who were in crisis in the community. I worked closely with families and care givers to ensure that all parties were engaged in the care process and they felt competent in the use of new equipment, moving and handling techniques and to carry out new care routines.

My liaison with clients, professionals and care givers was essential to help support packages run smoothly and to risk assess when care needed to be scaled down to increase further independence in the community.

2010-2011 Senior Occupational Therapist, Liverpool Out Of Hospital Service

In this role, I facilitated hospital discharge in a timely manner for clients with a range of health problems including heart and respiratory conditions, orthopaedic trauma, dementia, falls and acute infections. To facilitate discharge, I would undertake comprehensive assessment, set rehabilitation goals, provide 1:1 therapy in the home, assess for equipment and adaptations, and carry out regular reviews to evaluate patient progress.

2010-2011 Private Occupational Therapist for Access Independent

I worked two to four days per month to provide private OT assessments and write detailed reports for Housing Associations, The Ministry of Defence, Charities and Social Services. I worked with patients who had a wide range of chronic illnesses including mental health conditions, chronic obstructive pulmonary disease, amputation and brain and spinal injuries. I enjoyed the complexities and autonomy involved with this type of work and I assessed clients for larger housing adaptations such as level access showers, ramps, stair lifts and ceiling track hoists.

Early career starting 2006-2011

I was fortunate to gain posts at Hexham General Hospital which enabled me to work in a variety of settings including falls prevention, intermediate care, orthopaedics, social services, general medicine, elective and trauma orthopaedics.

As a student, I gained varied experience across neurology, stroke, trauma, upper limb therapy, child and adolescent psychiatry, adult working age mental health, paediatric oncology and vocational rehabilitation.

Prior to starting University in 2003, I was a Personal Assistant (PA) working for a case management company in the North East. The client I worked with had a spinal cord injury with associated high support needs requiring 2:1 care. My PA duties included supporting the client with personal care, bathing, feeding and domestic tasks. I also assisted the client to the swimming pool and helped them do weekly grocery shopping.

Recent CPD/Training

- 2020 Safeguarding & Mental Capacity Act Awareness (Part 2), March 2020
- 2019 CMS UK Case Managers' Study Day, May 2019
Mock Court Case, May 2019
Sintons York Networking Event, May 2019
Medication Administration Training, June 2019
GDPR Essentials, June 2019
Understanding and Working with people who have Acquired Brain Injury, July 2019
Emergency First Aid Level 3, August 2019
Moving and Handling Training, August 2019,
Safeguarding and Mental Capacity Act Awareness (Part 1), November 2019