



**Sam Park**

Area Support Coordinator  
Office: 01768 891709  
Mobile: 07908 102382  
Email: admin@achanceforlife.co.uk  
Based: Penrith, Cumbria

**Professional Qualifications**

NVQ level 3 Lead Adult Care Worker  
NVQ level 3 Children and Young People's Workforce  
Care Certificate

**Professional experience - Current**

In April 2022 I was promoted from Team Leader to Area Support Coordinator following completion of my NVQ Level 3 Lead Adult Care Worker. Within my role I support the teams in my area with any issues they may have, and I complete rotas for teams which are not case managed. I work diligently with clients in my area to ensure we provide a person-centred approach to their support requirements. I assist in the management of clients' support packages and MDT meetings. I contribute to and am responsible for completing and updating Risk Assessments and Support Plans, ensuring this is always client-centred. I complete supervisions and probationary reviews to make sure the support workers are following the CQC standards and Company policies and procedures. I complete spot checks on the support workers in line with Company procedures to make sure they are continuing to follow the standards set out by CQC. I have an active role in recruitment for clients, making sure that we employ personalised staff, ensuring they share similar interests with their clients which is key to a positive professional relationship. After successful recruitment, I deliver the Company induction which includes providing the following awareness training: Health and Safety, Fire Safety, Manual Handling, Safeguarding, Mental Capacity Act and Deprivation of Liberty.

**Professional experience – Previous**

I was initially employed as a Support Worker and a Team Leader for A Chance for Life Ltd. Working as part of a team for the first few years of employment, I assisted a client within their family home, fulfilling their daily support needs such as personal care, activities of daily living, social needs and daily physiotherapy. During my time as Team Leader, I was responsible for attending MDT meetings, supervisions, probationary reviews, managing staff rotas and organising the team and activities for the client.

In my support worker role, I supported a client to set achievable goals, maintain them and then reach their goals so that they could become independent in life and not require support. I did this by giving them the confidence to do activities that were out of their comfort zone so that they gained the confidence to do these activities on their own. I made sure that this was at a pace that was achievable for them by implementing fatigue breaks into their day so that they knew when they needed to rest before carrying on with their rehabilitation.

**Professional Experience – Early**

Since leaving school I have worked in the care sector for 13 years and first attended college to do a childcare course where I achieved a B-Tech National Diploma Level 2. After college I decided an apprenticeship was the path for me, and completed an apprenticeship in a residential nursing home where I qualified with an NVQ Level 2 in Health and Social Care.

After this I went into a different sector of the industry and chose to work in a residential children's home for children with behavioural and education needs as a Team Leader, which is where I achieved

my NVQ Level 3 in Children and Young People's Workforce. This role meant that I was involved in implementing and reviewing behaviour support plans and risk assessments to safeguard the children and staff members in the home. I was also a keyworker to an individual child; this role gave me the responsibility of making sure their paperwork was up to date and that they were supported by myself to attend their meetings and encourage them to have a voice during the meetings about what they wanted for their future.

In all my job roles, I have been an approachable person with a person-centred approach to the job and acknowledge that I am a part of their lives and involved in trying to ensure they are living their life in the best way possible.

#### Career Progression

Apr 2022 – Present Area Support Coordinator, A Chance For Life Ltd  
Aug 2018 – Apr 2022 Rehabilitation Support Worker/Team Leader, A Chance For Life Ltd  
Dec 2014 – Aug 2018 Residential Childcare Worker/Team Leader, Hopscotch Care Ltd  
Oct 2012 – Dec 2014 Senior Home Care Assistant, Brancaster Homecare Ltd  
Oct 2011 – Oct 2012 Apprentice Care Assistant, Boarbank Hall Nursing Home

#### **Summary of Continued Professional Development attended in past 3 years**

##### **2022**

Mar NVQ Level 3 Lead Adult Care Worker  
Feb Lone Worker Safety Course  
Jan Infection Control Course  
Jan Food Hygiene Course

##### **2021**

Nov First Aid Training  
Oct Medication Training refresher  
Oct Moving and Handling Training  
Oct Safeguarding and Mental Capacity Act Training

#### **Previous key training undertaken:**

Leadership and management  
Understanding & working with people who have acquired brain injury  
Safeguarding children  
Team Teach  
GDPR Essentials