



Emma Ward

Case Manager

& Specialist Occupational Therapist

Based in: Castle Douglas

Covers: Cumbria and Southern Scotland

Profile

Areas of expertise

Adults and older adults
Acquired brain injury
Spinal cord injury
Amputations
Mental health conditions
Stroke
Dementia
Parkinson's disease
Motor neurone disease
Behaviour management
Memory / cognitive rehabilitation
Psychological therapies
Securing statutory funding
Aids, equipment and adaptations

Qualifications

BSc (Hons) Occupational Therapy, 2012

Memberships & registrations

Royal College of Occupational Therapists (RCOT)
Health and Care Professions Council (HCPC)
British Association of Brain Injury and Complex Case Management (BABICM)

Emma has been a member of the A Chance for Life Ltd team since January 2022, bringing her extensive skills working with people with complex mental health and neurological conditions to her role as a Case Manager and specialist Occupational Therapist.

During the first 10 years of her career, Emma primarily specialised in mental health; however she often worked with complex individuals who not only had a mental health diagnosis, but a variety of physical and neurological conditions such as motor neurone disease, Parkinson's disease, multiple sclerosis and stroke.

Emma has a keen interest and extensive knowledge of cognitive rehabilitation, and, since joining A Chance for Life Ltd, has developed this interest, transferring and developing her skills in the area of brain injury.

To further expand her knowledge and expertise in this area, Emma is currently undertaking a Neurological Rehabilitation course provided by Brain Tree Training.

Emma is skilled at carrying out thorough assessments to inform her OT and case management reports and risk assessments. She is accomplished at setting appropriate goals with clients and writing client-centred goal plans to guide rehabilitation. She has experience in considering provision of equipment and adaptations for clients and has delivered training to support staff for client-specific equipment.

Emma sources, sets up and leads multi-disciplinary teams to ensure clients' needs are met; this has included navigating the Continuing Health Care process and securing fully funded care.

To discuss a referral or for more information, please contact A Chance for Life Ltd

T: 01768 891709 E: admin@achanceforlife.co.uk

W: www.chanceforlife.co.uk

Professional Experience

Current Role

Managing a caseload of adults with acquired brain injury and collaboratively working with clients/families to support rehabilitation programmes. Sourcing, setting up and co-ordinating multidisciplinary support teams. Carrying out detailed assessments to inform individual support plans and risk assessment documents. Considering provision of equipment/adaptations and appropriate funding for this.

- Carry out assessments, prepare Case Management / Occupational Therapy reports and costs.
- Source therapists, and coordinate multi-disciplinary therapy and support teams and rehabilitation programmes.
- Work alongside litigation solicitors and financial deputies within the medico-legal field.
- Work with clients who are both pre- and post- litigation.
- Work collaboratively with clients and their families to tailor support and rehabilitation programmes to meet individual complex needs and goals
- Working with clients and others to create client-centred goal plans and risk assessments
- Identifying, sourcing and obtaining funding for appropriate aids, equipment and adaptations

Professional Pathway

In her time as a mental health occupational therapist, Emma specialised in organic mental health and in particular, cognitive rehabilitation. She was an integral part of, and spent time as lead for, a service improvement project; establishing the Home-Based Memory Rehabilitation Programme within NHS Dumfries & Galloway. Due to the outcomes achieved from this programme, it was subsequently adopted as an NHS Scotland-wide programme and is recognised within Scotland's 3rd National Dementia Strategy. Involvement in this project gave Emma the opportunity to develop sound leadership skills and work towards both service development and her own personal and professional development. Emma is rightly very proud to have been involved with this project.

2018-2021 Specialist Occupational Therapist, Mental Health Services, Dumfries & Galloway

This role provided the opportunity to continue professional development and lead within service projects such as the Home-Based Memory Rehabilitation Programme. During the Covid-19 pandemic, Emma was deployed to work in psychological services. Her role largely involved supporting individuals to understand the virus and find ways of coping with the impact this can have both physically and psychologically on our health and wellbeing. This included supporting individuals to return to / remain in employment throughout the pandemic, and also consider options for individuals to adapt ways of living in order to feel safe, and continue to have a good quality of life.

2012-2018 Occupational Therapist, Mental Health Services, Dumfries & Galloway

This role gave Emma the opportunity to develop clinical knowledge, skills, and expertise to deliver evidence-informed assessment and treatment within mental health services. This involved working with adults and older adults with organic and functional mental health diagnoses as well as individuals with intellectual disabilities, within community and acute inpatient settings.

Emma spent time undertaking various psychological therapies training such as Behavioural Family Therapy, Behavioural Activation and Cognitive Behavioural Therapy approaches and developed skilled knowledge of the psychological therapies matrix.

Emma's recent training record is available on request.