

Eimear Hopper

Case Manager & Occupational Therapist

Based in: Bishop Auckland

Covers: North East & Yorkshire

Areas of expertise

Children, adults and older adults
Acquired brain injury
Cerebral palsy
Amputations
Mental health conditions
Epilepsy
Sensory impairment
Visual impairment
Learning disability
Stroke
Dementia
Chronic pain
Neuro-developmental disorders
Progressive neurological conditions
Complex medical conditions
Mental capacity
Safeguarding / DoLS
Challenging behaviour
SEN / EHCP
Coordinating complex MDTs
Managing care and support teams
Housing & adaptations
Communication
Advocacy
Vocational rehabilitation
Psychological trauma
Managing complex family dynamics
Upper limb rehabilitation
Cognitive rehabilitation
Postural management
Fatigue management
Complex moving and handling
Aids and equipment

Qualifications

BSc (Hons) Occupational Therapy, 2015

Memberships & registrations

Health and Care Professionals Council (HCPC)
British Association of Occupational Therapists (BAOT)
Royal College of Occupational Therapist (RCOT)
Specialist Section for Neurological Practice



Profile

Eimear is an experienced neurological rehabilitation clinician with 10 years' experience as an Occupational Therapist working in the community and inpatient settings.

Since joining A Chance for Life, Eimear has developed her skills as a case manager, taking on and managing effectively some very complex packages including large MDTs and support teams.

Eimear has developed in depth knowledge and specialist skills to help clients achieve their rehabilitation goals. She enjoys building therapeutic relationships and takes a holistic approach to client care, demonstrating an ability to support people with a range of complex needs and navigate challenging situations with creative problem solving.

She is confident coordinating, leading and working within multi-disciplinary professional teams, as well as managing and mentoring staff. She enjoys working as part of a team but also has the ability to work autonomously to meet her clients' needs.

In her previous roles, she has provided Stroke Rehabilitation within the NHS at Specialist and Advanced clinical levels, working with clients in the community. She also has experience in the NHS and charity sectors providing Occupational Therapy intervention to people who have experienced traumatic brain injuries and orthopaedic injuries.

Eimear is creative and professionally curious, always striving to develop her skills and knowledge to help enhance her clients' quality of life.

To discuss a referral or for more information, please contact A Chance for Life Ltd

T: 01768 891709 E: admin@achanceforlife.co.uk

W: www.chanceforlife.co.uk



Current Role

Sep 2024 – Case Manager & Occupational Therapist, A Chance for Life Ltd

Providing case management and occupational therapy for adults and children who have complex rehabilitation and care needs.

- Carrying out assessments, preparing Case Management / Occupational Therapy reports and costs.
- Sourcing therapists and coordinating multi-disciplinary therapy and support teams and rehabilitation programmes.
- Working alongside litigation solicitors and financial deputies within the medico-legal field, supporting clients who are both pre- and post- litigation.
- Working collaboratively with clients and their families to tailor support and rehabilitation programmes to meet individual complex needs and goals
- Working with clients and others to create client-centred goal plans and risk assessments
- Identifying, sourcing and obtaining funding for appropriate aids, equipment and adaptations

Professional Experience

**2023 – 2024 Advanced Occupational Therapy Practitioner – Stroke Rehabilitation
County Durham and Darlington NHS Foundation Trust**

Lead Occupational Therapist for the Community Stroke Rehab Service across County Durham. Using specialist clinical skills and knowledge to support the MDT and to manage a daily caseload. Leading on the development of OT service within the team and supporting the development of OT staff, including competencies. Working alongside the service lead on strategic planning and projects and contributing to the development of the wider directorate of community services within the trust. Contributing to local and regional Stroke pathways and development groups. Managerial and HR tasks.

**2019 – 2023 Specialist Occupational Therapist – Community Stroke Rehabilitation
County Durham and Darlington NHS Foundation Trust**

Working as part of an MDT to set goals and deliver stroke rehabilitation for individuals in their homes or community settings. Providing specialist rehabilitation programs. Supporting discharge home from care settings. Training and educating family and care staff on how to support an individual's needs and use any prescribed equipment, with recommended moving and handling techniques. Liaising with the wider MDT and conducting family and social work meetings to support complex cases. Completing risk assessments and adhering to policies and governance. Providing in-service training and supporting the development of junior staff and students.

2017 – 2019 Occupational Therapist – Inpatient Stroke and Neuro Rehab, Sunderland Royal Hospital

Providing OT assessment and intervention to patients on the Acute Stroke and Neurorehabilitation wards. Working as part of an MDT to support client goals. Promoting independence in ADL's, functional rehabilitation and assessing needs for discharge to community settings and providing relevant equipment. Supporting patients and their families/carers to ensure they felt empowered for the transition from hospital to community.

2016 – 2017 Activities Coordinator, Willowdene Care Home, Hebburn

2015 – 2016 Youth Leader, National Citizen Service, North Tyneside VODA

Seasonal/temporary role between travelling. Planning and delivering activities for 16-17 years old during school holidays in line with the National Citizens Service vision, including facilitating a residential trip/outdoor pursuits. Supporting the development of independence, educating and supporting young people in identifying and addressing social needs and action within their local community. Supporting young people to develop new skills and communicate their ideas with confidence. This role used aspects of Eimear's OT skills and knowledge in a non-traditional setting. It also provided opportunities to develop her creativity.

2012 -2015 Student Occupational Therapy Practice Placements

Including Community Mental Health, Intermediate Care in the community, inpatient vascular/amputee rehabilitation, Childrens and Young Peoples Service – ADHD and ASD diagnostic service, Acquired and Traumatic Brain Injury Rehabilitation/Community Integration at former Momentum Skills North East.

Eimear's recent training record is available on request.